### Instructor: Jeff Bridges, LADC

- 9 years experience in substance abuse counseling
- Experience with adolescents, adults the Justice system, and Drug Court
- Individual Counseling
- Outpatient Counseling
- Intensive Outpatient Services
- Drug and Alcohol Evaluations
- Alcohol and Drug Education Classes

# Who should attend?

 Individuals in need of Alcohol/Drug Education Class at any age.

Call today for information about class times and fees. 308-237-4357



## A Bridge to Recovery

### **Alcohol/Drug Education Class**

Time: Please call our office for more information Location: 409 E. 25<sup>th</sup> Street #3 Kearney, NE 68847 Phone: 308-237-4357

#### Alcohol/Drug Awareness Class will focus on:

- Statistics and studies involving drinking and driving associated with young adults,
- How actions directly impact the lives of others,
- Other drugs and their abuse and how they affect the body,
  - Critical thinking skills,
  - Making healthy lifestyle choices.

Education & Awareness are the Best Tools for Prevention!